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Part 1: Scales/Chords/Arpeggios

Scales (At least 2 octaves): Major, Minor (Melodic & Harmonic), Diminished, Whole Tone (All 12 Keys with a metronome)

Chords and Arpeggios: Major 6, Major 7, Minor 6, Dom 7, Dim 7 and their inversions. (All 12 keys with a metronome)

Part 2: Classical Study and Sight Reading

Practice and analyse a classical piece Practice Sight Reading

Part 3: New Concepts

Practice whatever concept you're currently working on. Take it through all 12 keys, chord progressions or whatever else applies.

Tip: Make sure that a concept is under your fingertips before tackling a new one. One of the ways to know if a concept is under your fingers is if you are using it freely in your playing without trying.

Part 4: Standards and Improv

Learn a jazz standard using <u>the Fertile</u> <u>Minds Method</u> and practice improvising over them.

Tip: Find inspiration from books that have melodic patterns and ideas and weave them together though the chord changes.

Part 5: Transcription

Notate a lick, chorus or solo that you like and practice it until it starts showing up in your playing.



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